



COVID-19 SOCIAL SUPPORT MANUAL 2021

Morris County Division of Public Health Authored by: Brenda Teed, LSW June 30, 2021





1

Table Of Contents

5 5
6
.7
.8
.9
9
0
0
1
2
2
3
4

PART TWO

Key Fir	ndings	16
	Food & Basic Needs Assistance	16
	Housing	17
	Linguistic Isolation	18
	Transportation	18
	Mental Health & Substance Use	19

PART THREE

New Jersey Covid-19 Resources	21
Crisis Hotline Numbers	23
Community Outreach And Drop-In Centers	26
Employment Resources	28
Food Resources	29
Healthcare Resources	34
Housing Assistance Resources	36
Immigrant, Refugee, Seasonal Agricultural, & Undocumented Persons Resources	
Income And Utility Assistance Resources	39
Legal Services & Assistance Resources	42
Lgbtq+ Resources	43
Mental Health Resources For Adults	44
Mental Health Resources For Children And Youth	46

Parent, Child, And Family Resources	48
Senior Resources	
Substance Use Services	53
Transportation Resources	56
Veteran Resources	58

COVID Vulnerabilities in Morris County



VULNERABLE POPULATIONS IN MORRIS COUNTY, NJ Background

The CDC advises that certain characteristics like age, gender, and income can influence a person's risk factors for contracting and becoming seriously ill from COVID-19. The list includes but is not limited to older adults, people with pre-existing health conditions, those living or working in congregate settings or high-density areas, those with limited English proficiency, pregnant, breastfeeding, or caring for a newborn, people experiencing homelessness, refugee populations, and those living in rural communities.

The information and data presented in this social support manual defines those residents living in Morris County who are more at-risk for contracting COVID-19 and informs the development of a community resource manual for the Morris County Division of Public Health. The purpose of this manual is to develop and foster connections with social service providers and community stakeholders in support of local health departments who are providing targeted outreach to COVID-exposed and COVID-positive residents within their jurisdictions.

COVID-19 Vulnerability in Morris County

The following categories of vulnerable populations are living in Morris County: Residents aged 65 and over, those with limited English proficiency, those living in congregate settings or densely populated areas, uninsured/under-insured, residents living in poverty or just above the Federal Poverty Line, the unemployed, those with poor health status, those suffering from substance use and/or mental illness, migrants, and the homeless. Below are the geographic locations where high concentrations of vulnerable residents reside.

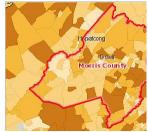
Population Age 65+

The CDC reports that 8 out of 10 COVID-19 documented deaths have been in adults 65 years and older. Compared to younger adults, they are more likely to require hospitalization if they contract COVID-19 (Source: CDC.gov).

Report Area	Total Population	Population Age 65+	Population Age 65+, Percent
Morris County, NJ	493,379	82,479	16.72%
New Jersey	8,878,503	1,410,285	15.88%
United States	324,697,795	50,783,796	15.64%

Data Source: US Census Bureau, American Community Survey. 2015-19. Source geography: Tract

Table One: Compared to state and national percentages, Morris County has a higher population of 65 + residents. The below map indicates 21 census tracts with over 20% of the population Age 65+. Pequannock has the highest number at 36.98%.



https://sparkmap.org, 4/22/2021

Population Age 65+, Percent by Tract, ACS 2015-19

Over 20.0%	
16.1 - 20.0%	
12.1 - 16.0%	
Under 12.1%	
No Data or Data SuppressedMorris County, NJ	

Population with Limited English Proficiency

The inability to speak or understand English creates a barrier in receiving equitable health care. Barriers include lack of communication regarding COVID-19 resources, lack of access to healthcare, and lack of health literacy that informs about protection against COVID-19 and information on testing and vaccination. This indicator reports that 8.41% of Morris County residents age 5+ speak English less than "very well".

Report Area	Population Age 5+ with Limited English Proficiency	Population Age 5+ with Limited English Proficiency, Percent
Morris County, NJ	39,397	8.41%
New Jersey	1,011,664	12.10%
United States	25,615,365	8.40%

Note: This indicator is compared to the state average. Data Source: US Census Bureau, American Community Survey. 2015-19. Source geography: Tract

Table Two: Census tracts with over 4% of the population with limited English proficiency.



https://sparkmap.org, 4/22/2021

Population with Limited English Proficiency, Percent by Tract, ACS 2015-19

Over 4.0%	
2.1 - 4.0%	
1.1 - 2.0%	
Under 1.1%	
No Data or Data SuppressedMorris County, NJ	

Total Population/Population Density

According to the U.S. Census Bureau American Community Survey 2015-19 five-year estimates, a total of 493,379 people live in the 460.56 square mile report area defined for this assessment. Residential overcrowding makes social distancing difficult and can increase the risk of exposure to COVID-19.

Report Area	Total Population	Total Land Area (Square Miles)	Population Density (Per Square Mile)
Morris County, NJ	493,379	460.56	1,071.25
New Jersey	8,878,503	7,355.54	1,207.05
United States	324,697,795	3,532,068.58	91.93

Data Source: US Census Bureau, American Community Survey. 2015-19. Source geography: Tract

Table Three: Census tracts show highly populated sections of Dover, Morristown, Lake Hiawatha, Parsippany-Troy Hills, and Butler.



https://sparkmap.org, 4/22/2021

Population, Density (Persons per Sq Mile) by Tract, ACS 2015-19

Over 5,000	
1,001 - 5,000	
501 - 1,000	
51 - 500	
Under 51	
No Data or Data SuppressedMorris County, NJ	

Uninsured Population

The lack of health insurance is considered a key driver of health status. Uninsured residents experience financial barriers in receiving medical care and screening measures for prevention of disease, and often delay seeking care when sick. When they do seek care, they often receive less care due to inability to pay.

Report Area	Total Population (For Whom Insurance Status is Known)	Uninsured Population	Uninsured Population Percent
Morris County, NJ	489,401	23,132	4.73%
New Jersey	8,773,993	683,679	7.79%
United States	319,706,872	28,248,613	8.84%

Note: This indicator is compared to the state average. Data Source: US Census Bureau, American Community Survey. 2015-19. Source geography: Tract

Table Four: While most residents in Morris County have health insurance, there are areas where over 20% of residents do not have insurance. Tract 448 and 450 in Dover accounted for 28%; Victory Gardens tract 456.02 accounted for 23%; and Tract 435 in Morristown accounted for 25%. In sections of Parsippany, Mt. Arlington and Netcong, nearly 11% of the population is uninsured.



Uninsured Population, Percent by Tract, ACS 2015-19

Over 20.0%
15.1 - 20.0%
10.1 - 15.0%
Under 10.1%
No Data or Data SuppressedMorris County, NJ

https://sparkmap.org, 4/22/2021

Broadband Access

While 97% of Morris County residents have access to high-speed internet access, there are areas with deficits. Residents with little to no access to the internet lack access to information that can help protect them from contracting COVID-19, provide information about testing sites, and information about vaccine safety and where to get vaccinated.

Table Five: Sections of Parsippany-Troy Hills (i.e. Lake Hiawatha) and Victory Gardens are lacking access to high-speed internet. Other areas of concern are rural sections of Jefferson and Chester Township.



Broadband Access, Pct. Population in a High-Speed Internet Service Areaby Tract, FCC June 2020

100.0%
95.1 - 99.9%
90.1 - 95.0%
70.1 - 90.0%
0.01% - 70.0
No Coverage or No DataMorris County, NJ

Note: This indicator is compared to the state average. Data Source: National Broadband Map. June 2020. Source geography: Tract https://sparkmap.org, 4/22/2021

Unemployment

Unemployment creates financial instability and barriers accessing insurance coverage, health services, healthy food, and other necessities that contribute to poor health status.

Report Area	Labor Force	Number Employed	Number Unemployed	Unemployment Rate
Morris County	245,688	230,203	15,485	6.3%
New Jersey	4,371,552	4,024,596	346,956	7.9%
United States	160,270,751	149,326,477	10,944,273	6.8%

Note: This indicator is compared to the state average.

Data Source: US Department of Labor, Bureau of Labor Statistics. 2021 - January. Source geography: County

Table Six



Unemployment, Rate by County, BLS 2021 - January

Over 12.0%
9.1 - 12.0%
6.1 - 9.0%
3.1 - 6.0%
Under 3.1% Morris County, NJ

https://sparkmap.org, 4/22/2021

Substance Use

The 2020 Morris County Substance Abuse Overview has not yet been released, however there is anecdotal information that alcohol and drug use has significantly increased since the pandemic began. Alcohol and other drugs suppress the immune system; therefore users are more susceptible to contracting COVID-19 and experiencing more severe effects of the virus.

While we do not have the data for alcohol related deaths in 2020, drug overdoses have spiked in NJ and led to a surge of overdoses in Morris County. Suspected drug related deaths went from 86 deaths in 2019, to 99 deaths in 2020. As of February 28, 2021, there have been 17 suspected drug related deaths putting Morris County on track for 102 overdose deaths in 2021. (Source: State.nj.us: Department of Health/Population Health). Despite multi-faceted challenges posed by COVID-19 making it harder to access treatment, the need for accessibility is high.

Population in Poverty (100% FPL)

Poverty is considered a key driver of health status. Within the report area, 4.78% of individuals are living in households with income below the Federal Poverty Level (FPL). Poverty creates barriers accessing health services, healthy food, and other necessities that contribute to poor health status and puts residents at increased risk of contracting COVID-19.

Report Area	Total Population	Population in Poverty	Population in Poverty, Precent
Morris County	486,112	23,212	4.78%
New Jersey	8,706,202	869,081	9.98%
United States	316,175,051	42,510,843	13.42%

Data Source: US Census Bureau, American Community Survey. 2015-19. Source geography: Tract

Table Six: Indicates the poverty levels in census tracts across Morris County.



Population Below the Poverty Level, Percent by Tract, ACS 2015-19



https://sparkmap.org, 4/22/2021

Poverty Levels at 10% or higher.

,	
Location	Percentage in Poverty
Parsippany-Troy Hills	20%
Morristown	18.31%
Victory Gardens	14.49%
Netcong	13.21%
Dover	14.11%
Morristown	10.07%
Florham Park	10.04%
Budd Lake	10%

Data Source: US Census Bureau, American Community Survey. 2015-19. Source geography: Tract

Homelessness

The homeless are considered one of the most vulnerable groups of people to be impacted by COVID-19. The inability to safely isolate from others, poor access to hand washing and hygiene, lack of access to masks, poor nutrition, and underlying medical conditions makes homeless people at increased risk of contracting COVID-19 and severe illness.

Morris County reported 243 households experiencing homelessness for a total of 354 individuals homeless, according to a count on the night of January 28, 2000. Of those residents counted, 51 persons were identified as chronically homeless and 29 were not sheltered on the night of the count. (Source: https://monarchhousing.org/njcounts-2020/).

United for A.L.I.C.E. What is it and why is it important?

A.L.I.C.E. is an acronym for <u>Asset Limited</u>, <u>Income Constrained</u>, <u>Employed</u>. This is a way to describe and understand households in our communities that earn above the Federal Poverty Level (FPT). These households do not make enough money to afford the minimum basic essential items to thrive. The cost of living outpaces what they earn, and they struggle to meet essential needs like housing, food, transportation, childcare, health care, and technology. These families are forced to prioritize what bills will be paid, and which ones will go unpaid. They have to make choices between not seeking medical attention when needed, not paying for quality childcare and education for their children, or not paying the rent. One unexpected expense, like contracting a serious illness, can push this population into financial crisis. ALICE households are vulnerable to poor economic and health outcomes making them more susceptible to COVID-19. Below is the A.L.I.C.E. data for Morris County from 2018. While this data is prior to the pandemic, we can surmise that this population has been hard hit by the pandemic.

Morris County United or Alice	2018 Point-in-Time-Data
Population	494,228
Number of Households	181,738
Median Household Income	\$112,288
Unemployment Rate	4.3%
ALICE Households	25%

Social Vulnerability Index (SVI)

The CDC/ATSDR Social Vulnerability Index is a tool that uses U.S. Census data to determine the social vulnerability of every census tract. ATSDR's Geospatial Research, Analysis & Services Program (GRASP) maintains the CDC/ATSDR SVI to help public health officials better prepare for and respond to emergency events like disease outbreaks such as COVID-19 and other disasters. A percentile ranking represents the proportion of tracts (or counties) that are equal to or lower than a tract (or county) of interest in terms of social interest. For example, a SVI ranking of 0.85 signifies that 85% of tracts (or counties) in the state or nation are less vulnerable than the tract (or county) of interest and that 15% of tracts (or counties) in the state or nation are more vulnerable.

The degree to which a community exhibits certain social conditions, including high poverty, low percentage of vehicle access, or crowded households may affect the community's ability to prevent human suffering and financial loss in the event of disaster and describes a community's social vulnerability. A higher score indicates increased vulnerability. Morris County has a social vulnerability index score of 0.12, which is less than the state average of 0.44.

Note: This indicator is compared to the state average. Data Source: Centers for Disease Control and Prevention and the National Center for Health Statistics, CDC GRASP. 2018. Source geography: Tract

Report Area	Total Population	Socioeconomic Theme Score	Household Composition theme Score	Minority Status Theme Score	Housing & Transportation theme Score	Social Vulnerability index Score
Morris County	494,383	0.04	0.03	0.83	0.29	0.12
New Jersey	8,881,845	0.28	0.18	0.87	0.62	0.44
United States	322,903,030	0.30	0.32	0.76	0.62	0.40

The overall SVI score for Morris County is well below state and national averages, but there are communities within Morris County whose vulnerability index is well above state and national averages. Below are the census tracts with the highest SVI scores and particular consideration should be given to residents in those areas.

Tract	Report Area	Socioeconomic Theme Score	Household Composition Theme Score	Minority Status Theme Score	Housing and Transportation Theme Score	Social Vulnerability Index Score
450	Dover	0.624	0.391	0.941	0.987	0.873
456.02	Victory Gardens	0.728	0.47	0.917	0.616	0.767
435	Morristown	0.625	0.324	0.949	0.766	0.747
417.05	Par-Troy	0.479	0.535	0.837	0.744	0.687
448	Dover	0.739	0.085	0.924	0.647	0.681
449	Dover	0.481	0.196	0.941	0.813	0.667
451	Wharton	0.484	0.606	0.855	0.56	0.647

COVID-19 Cases by Municipalities

CUMULATIVE COVID-	19 CASES
Municipality	21-Jun, 2021
Town of Boonton	795
Township of Boonton	507
Borough of Butler	718
Borough of Chatham	403
Township of Chatham	568
Borough of Chester	119
Township of Chester	536
Township of Denville	1300
Town of Dover	2832
Township of East Hanover	853
Borough of Florham Park	757
Township of Hanover	990
Township of Harding	251
Township of Jefferson	1914
Borough of Kinnelon	961
Borough of Lincoln Park	1178
Township of Long Hill	428
Borough of Madison	876
Borough of Mendham	360
Township of Mendham	340
Township of Mine Hill	453
Township of Montville	1714
Borough of Morris Plains	567
Township of Morris	1552

CUMULATIVE COVID-19 CASES					
Municipality	21-Jun				
Town of Morristown	2196				
Borough of Mount Arlington	496				
Township of Mount Olive	2340				
Borough of Mountain Lakes	276				
Borough of Netcong	280				
Township of Parsippany	4254				
Township of Pequannock	1404				
Township of Randolph	2072				
Borough of Riverdale	378				
Borough of Rockaway	591				
Township of Rockaway	2277				
Township of Roxbury	2038				
Borough of Victory Gardens	215				
Township of Washington	1100				
Borough of Wharton	1004				
TOTALS	41893				

PART II

Key Findings



Key Findings

Based on interviews, email communications, and conversations with "boots on the ground" social service agents, vulnerable population outreach coordinators, and health educators the following themes related to COVID-19 vulnerability emerged: access to food and basic essentials, housing, linguistic isolation, transportation & access to healthcare, and mental health/substance use (including children, adults & seniors).

Food & Basic Needs Assistance

Individuals and families while in isolation and quarantine after exposure to or acquiring COVID-19 have experienced difficulty in accessing food due to social isolation from friends and family, lack of support systems, and an inability to afford or access food delivery services.

Morris County Office of Temporary Assistance (OTA)	Reported a slight increase in applications for SNAP and General Assistance during the pandemic.
Nourish NJ is a non-profit organization that provides food assistance (farmers market & soup kitchen) and wrap-around social services, including provisions for housing, employment, mental/substance use, & case management to residents of Morris County.	Nourish NJ has seen a 30% increase in individuals and families seeking food assistance and help with essential supplies and services. Remaining open every day of the pandemic for takeout meals and support services, they also mobilized their services to include food delivery to residents in isolation & quarantine and provide daily food and services to those that have the ability to go to their Morristown location. They have resumed their free farmers markets that were forced to close during the pandemic. They serve all Morris County residents, but report the highest need areas are in Dover, Morristown, and Parsippany.
Food Pantries have been forced to reduce hours and/or provide services by appointment only or for outdoor pickup. Some pantries will deliver to residents in their home municipality and surrounding areas.	The Rockaway Food Pantry and Faith Kitchen in Dover report slight increases in those they've served. Both locations have new individuals & families they had not served prior to the pandemic and the majority are individuals who lost employment and need help with food and basic needs.
Mutual Morris is a community organized mutual aid group with over 100 volunteers that help Morris County residents with food, basic needs, and referrals to social services.	Mutual Morris has provided a lifeline to over 700 individuals and families who have been impacted by illness or economic fallout due to the pandemic. They purchase and deliver food, diapers, toiletries, medicine & other essentials to individuals and families in need. They also connect families to social services to help pay for rent and utilities. They report rental assistance as being the biggest need, with entire families living in single rooms with no access to kitchens because they can't afford it. They serve all of Morris County, but areas of highest need are Dover and Morristown.

Housing

Severe housing problems include overcrowding determined by the number of persons per room, bedroom, or square footage; severe housing cost burden; and lack of kitchen and/or plumbing facilities. Morris county residents living below the Federal Poverty Level and A.L.I.C.E. households are especially vulnerable due to job loss, inability to work during isolation and quarantine, and/or severe illness.

Mutual Morris	While the majority of individuals and families are initially connected to Mutual Morris for help with food and basic necessities, many also ask for rental assistance. They report families living in one room apartments with no kitchen access because they can't afford it. Many of them owe thousands of dollars in back rent due to inability to pay because they have become unemployed during the pandemic.
Vulnerable Population Outreach Coordinators and Contact Tracers	There are a few sections in the county where individuals and families are experiencing residential overcrowding making it difficult and/or impossible to social distance. Individuals and families are living together in small spaces in Dover and Morristown. Migrant workers are living in dorm style housing at farm sites in some regions of Washington and Chester Township.
Legal Services of Northwest Jersey	According to David Saltzman, an attorney from Legal Services of Northwest NJ, the NJ Judiciary estimates there will be nearly 194k evictions across all NJ counites over the next two years. In any given year in Morris County there are typically 3,000 to 3,500 evictions. There is widespread concern about what will happen when the eviction moratorium is lifted, and individuals and families are required to pay back months and months of past due rent. Many fear there will be a title wave of eviction filings with the courts and people will be forced into homelessness.
Morris County Office of Temporary Assistance (OTA)	 OTA is advising residents to seek legal counsel and services well in advance of the deadline for the eviction moratorium. OTA operates the COVID Housing Assistance Program and in just the first few days of applications being accepted during Phase One, the Department of Community Affairs closed the portal due to overwhelming demand. Morris County saw approximately 80 applications and assisted in over 200k in rent and mortgage relief during Phase One. OTA reports the majority of Morris County homeless are in Dover and Morristown. The homeless are at high-risk for exposure to COVID-19 and becoming seriously ill from COVID-19. Many resources like drop-in centers, soup kitchens, and shelters completely closed in the beginning of the pandemic and are now operating at limited capacity.

Linguistic Isolation

The inability to read, write, or speak English creates language barriers in receiving vital information about COVID-19 prevention, testing, and vaccination, inhibiting health literacy.

Vulnerable Population	More than half the population of Dover is Spanish speaking only.		
Outreach Coordinators	There is a small group of migrant workers in the Chester area that speak Mam, an oral-only language from a region in Guatemala and can't read. Finding information about this vulnerable group is difficult making them an extremely hard population to reach.		
	Language barriers in Victory Gardens and Butler due to Spanish speaking only.		
General	Difficulty finding information HUBS for non-English speakers in order to disseminate print and media information about COVID-19 and available resources.		
Mutual Morris	Identified locations in Morristown with Mam and Spanish speakers.		

Transportation

The lack of transportation creates barriers to accessing healthcare, and COVID-19 testing and vaccination. As of this writing, the state has contracted with Lyft to provide free transportation to vaccination sites for anyone, including those with collapsible wheelchairs. New Jersey Transit also provides free rides to and from vaccination sites.

Vulnerable Population	Migrant workers in Chester region are 15+ minutes away from the nearest Zufall Health Center and lack access to transportation services.	
Outreach Coordinators	Residents of Dover lack access to transportation, especially to testing and vaccination sites.	

Mental Health & Substance Use

Health Educators	There is an increase in demand for mental health and substance use services and resources for seniors. They are experiencing social isolation and loneliness from being confined to their homes or apartments which is increasing anxiety and depression. While virtual resources have been made available, often seniors are intimidated, unable, or dis-interested in participating in virtual platforms. Children and teens are isolated from friends and peers increasing their anxiety and loneliness. Virtual learning has increased academic stress for some students and teachers.
Vulnerable Population Outreach Coordinators	Under-served Seniors are having difficulty registering for and getting vaccination appointments and need extra help navigating on-line registration and finding locations for vaccinations. Special needs children need extra help and/or access to virtual services.
Mental Health Providers	Mental health needs and people seeking treatment have increased, while services have decreased and/or converted to telephone and telehealth services.
Substance Use Providers	There has been an increase in people seeking substance use treatment and support for their family members. There has been an increase in teen substance use with little or no school intervention due to virtual learning, leaving parents to cope with and deal with the problem at home. Individual have increased alcohol use due to job loss, boredom, and loneliness from being home during the pandemic.

PART III

Resources



	NEW JERSEY CO	VID-19 RESOURCES	
RESOURCE	Description	Website/Link to Information	
COVID-19 Information Hub	Information/FAQ on COVID-19	http://covid19.nj.gov	
General COVID-19 Questions	24/7 call center	Call 2-1-1	
Medical COVID-19 Questions	24/7 medical related questions	Call 1-800-962-1253	
COVID-19 text alert	Updates related to COVID-19	Text NJCOVID to 898-211	
COVID-19 Information for Communities & the General Public	Information, Resources, Fact Sheets in Multiple Languages	https://www.nj.gov/health/cd/topics/covid2019_community.shtml	
COVID-19 Information for Schools & Businesses	Information for Business, Farm Operators, Workplace Safety in Multiple Languages	https://www.nj.gov/health/cd/topics/covid2019_schoolbusiness.shtml	
COVID-19 Rumor Control & Disinformation Site	Distinguish between Facts vs. Rumors about COVID-19	https://www.njhomelandsecurity.gov/covid19	
COVID-19 Funeral Assistance	Fema is providing financial assistance for COVID-19 related funerals incurred after Jan. 20, 2020	COVID-19 Funeral Assistance Helpline 844-684-6333 / TYY: 800-462-7585	
Mental Health Association of NJ Hope and Healing Free & Public Support Groups	For emotional support related to the COVID-19 pandemic or other issues	Call 866-202-HELP (4357) or Text NJHOPE to 51684	

COVID-19 Community Support Line	An Atlantic Health System clinician will offer resources & guidance related to food insecurity, housing, job loss, emotional support, and other social services	862-260-3199
Mental Health & Addiction COVID CONNECT	Rutgers University Behavioral Health Care provides mental health & addiction triage, immediate telephonic support, & referrals for ongoing treatment	833-223-0011 M-Fri 8 am to 8pm
Ride United Vaccine LYFT	Don't let transportation challenges stop you from getting vaccinated. Free or discounted rides to vaccination sites wherever Lyft services are available. Program is for everyone, including people who have collapsible wheelchairs & walkers.	Dial 2-1-1 for information and to schedule
NJ Transit Vaccination Rides	VAXRIDENJ: Get a free ride to and from your vaccination appointment.	For information or to schedule a ride go to: https://www.njtransit.com/vaxride
Emergency Broadband Assistance	Provides temporary discount on monthly broadband bills for qualifying low-income households. This is a TEMPORARY program that will end when funds are exhausted or 6 months after the U.S. Department of Health and Human Services declares an end to the COVID-19 health emergency.	To determine eligibility and/or apply go to: Getemergencybroadband.org Or call: 833-511-0311

CRISIS HOTLINE NUMBERS 24/7/365					
	RESOURCE Description				
	National Suicide Hotline	24/7 free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.	800-273-8255		
Suicide Prevention	Trevor Project LGBTQ Youth	Trained counselors support 24/7 for a young person in crisis, feeling suicidal, or in need of a safe and judgment-free place to talk	Call 866-488-7386, or text: "S T A R T" to 678678		
24 Hour Hotline	Veteran Crisis Line	24/7 Free & confidential resource available to any Veteran	Call 800-273-8255 & Press 1 or text 838255		
	NJ Suicide Prevention Hope Line	Call to talk about whatever you're going through, feeling, or thinking	855-654-6735		
Psychiatric	Prime Healthcare Services-St. Claire's	25 Pocono Road, Denville, NJ	973-625-6160 or 973-625-0280		
Emergency & Intervention 24-hour hotlines	Morristown Memorial Hospital	100 Madison Avenue, Morristown, NJ	973-540-0100		
	Chilton Medical Center	97 West Parkway, Pompton Plains, NJ	973-831-5078		
Domestic Violence, Sexual	Jersey Battered Women Service	24 Hour Helpline, Emergency Shelter, Counseling Groups for survivors & people who use force in relationships, counseling for children	877-782-2873 Deaf/Hard of Hearing Text 973-314-4192		
Assault & Dating Abuse Resources	NJ Domestic Violence Hotline	Confidential Access to information and services, including crisis intervention, referral, and advocacy. Bilingual and accessible to deaf & hearing impaired.	800-572-SAFE (7233)		
24-Hour	NJ Coalition Against Sexual Assault Hotline	Connects individuals affected by sexual violence with professionals that provide assistance & referral.	800-601-7200		

Hotline for Women's Issues 24 Hour	Women's Referral Central Hotline	discrimination displaced homemaker divorce	
Hotline for	Child Abuse/Neglect	Any person having reasonable cause to believe that a child has been abused or neglected has a legal responsibility to report to the Division of Child Protection & Permanency	877-NJ-ABUSE (652- 2873) 800-835-5510 (TTY)
Children's Issues 24 Hour	Children's System of Care	Information about services for children and teens with emotional and behavior health challenges and their families	877-652-7624
24 Hour	2NDFLOOR Youth Helpline	Serving youth & young adults in NJ assisting with daily life challenges by professional staff & trained volunteers. Anonymity & confidentiality assured except in life- threatening situations.	888-222-2228
Hotline for Parents/Families 24 Hour	Family Helpline	If you're feeling stressed out, call the family help line to work through frustrations before a crisis occurs. Volunteers from Parents Anonymous will provide empathic listening & parenting & provide referrals to resources	800-The-Kids (846- 5437)
	Safe Haven Infant Protections Program	Hotline for distressed parents who wish to give up an unwanted infant anonymously, with no fear of arrest or prosecution. Information will be requested, but no names or records are required	877-839-2339
	Kinship Navigator Program	People who take on the responsibility for raising their relative's children can call this number to find out what resources may be available	2-1-1
Hotline for Adults Age 18+ 24 Hour	Adult Protective Services	If someone 18 years or older is the subject of abuse, neglect or exploitation please report to NJ APS	973-326-7282 After hours: 973-326- 7282

Hotline for Persons with Intellectual or Developmental Disability	NJ Dept of Human Services Division of Developmental Disabilities	Tor report suspected abuse, neglect, or exploitation of an individual with an intellectual or developmental disability	800-832-9173 (Then press 1)
Human Trafficking 24 Hour	National Human Trafficking Hotline	For immediate assistance in over 200 languages. All calls confidential	888-373-7888 TTY: 711 Text: 233733
Addictions Hotline			844-276-2777 English & Spanish
24 Hour	SAMHSA's National Helpline	Treatment referral & information service (English & Spanish) for individuals and families facing mental and/or substance use disorders	800-662-HELP (4357)
HIV/AIDS/STD Hotline 24 Hour	NJ AIDS/HIV/STD Hotline	Information, Resources, & Referral	800-624-2377
Runaway Hotline 24 Hour	National Runaway Hotline	Connect with a trusted, compassionate person who will listen help you create a plan to address your concerns	800-786-2929
Peer Recovery Support Hotline 24 Hour	Center for Addiction Recovery, Education and Success (CARES)	covery, Education and and serve as a physical location where the local recovery	

COMMUNITY OUTREACH AND DROP-IN CENTERS

Resource	Description	Telephone
Edna's Haven	Located at Trinity Luther Church, 123 E. Blackwell Street in Dover, Edna's Haven provides case management services, a public restroom, refreshments, computer center, job searching/interviewing skills, English as a Second Language (ESL) education, GED training, mail service and telephone contact for guests.	973-479-6206
Our Promise	Located at the First Baptist Church, 51 Washington Street in Morristown, Our Promise provides phone and computer access, mailing address, restrooms, warming/cooling center, information & referral, linkage to medical & dental services, case management, systems advocacy and more.	973-644-0100 or ourpromsie@familypromise.org
Morris County Organization for Hispanic Affairs	Provides representation, education, advocacy, and support to foster community development and assist low-income individuals and families on their journey to become self-sufficient.	Dover: 973-366-4770 info@mcoha.org
Navigating Hope Mobile Outreach	Navigating Hope, a mobile outreach initiative designed to provide social services, is a partnership between the Morris County Department of Human Services and Family Promise of Morris County. Provides on-site benefits eligibility screenings and application assistance, as well as linkage to other community services. Call, email, or go to website for van calendar.	Phone Number: 973-829-8220 Email: <u>navigatinghope@co.morris.nj.us</u> Website: <u>https://hs.morriscountynj.gov/navigating-</u> <u>hope/</u>

The Hope One Van	The Hope One Van travels to different locations each week providing support for those individuals struggling with addiction. The mobile Hope One access center will be equipped with resources and information to linkage to services. On board is a licensed clinician, a peer recovery specialist, and a plain clothed officer helping those needing recovery assistance.	For van schedule or information: hopeone@co.morris.nj.us Hopeoneproject.org
Zufall Health Delta Dental VanAdult and Child Dental Mobile Unit for uninsured or underinsured individuals and families		https://www.zufallhealth.org/for- patients/locations/#dentalvan
Project Kind	Helps those experiencing homelessness, facing financial hardship, and those that have an immediate and direct need. They also have a Kindness Closet in Rockaway. It's a meeting place for those that want to donate their time, qualified items, or food.	973-476-8982 or Projectkind123.org

EMPLOYMENT RESOURCES				
Resource	Description	Website/Link to Information		
State of NJ COVID-19 Jobs & Hiring Portal	Learn who is hiring across NJ	https://jobs.covid19.nj.gov		
One Stop Career Center	Career Services, Resume Writing, Interviewing, Ex-Offender Employment Assistance	862-397-5600 <u>www.nj.gov/labor</u>		
Division of Vocational Rehabilitation Services (DVR)	Vocational counseling, placement, skills training & coaching for individuals with physical or mental barriers to employment	Morris County Field Office 862-397-5600, Option 3		
Morristown Neighborhood House (Career Center)	Provides Academic assistance and GED preparation, career counseling, job search assistance, workshops and seminars, career assessment test and mentoring.	Phone: 973-538-5260 www.cornerstonefamilyprograms.org		
Women's Center at CCM	Job readiness, career counseling, outreach, education, networking, and referrals that support displaced homemakers.	973-328-5025 www.ccm.edu/womenscenter		

FOOD RESOURCES					
Location	Name	Address	Contact	Information	
Morris County	Interfaith Food Pantry	2 Executive Drive, Morristown	973-538-8049 to learn more about their food distribution and farmer's market.	Must be registered with them prior to receiving food. Go to: Mcifp.org for details about the mobile food pantry, farmers market, senior nutrition program.	
Morris County	Morris Mutual	N/A	1-800-535-9383	Will deliver to Morris County Residents	
Morris County	Nourish NJ	36 Sussex Avenue, Morristown	973-267-0709 or nourishnj.org	Daily Food distribution and will deliver on Fridays once registered	
Morris County- Various Locations	Table of Hope Food Distribution	Mobile Food Pantry	973-998-9330 or info@springstreetcdc. org	Go to: https://springstreetcdc.org/table-of- hope/ for food distribution calendar	
Morris County	Morris County Senior Citizen Nutrition Program	Various Locations	973-285-6856	For information about farmers market vouchers, meal delivery, and local congregate dining go to: <u>https://www.morriscountynj.gov/Dep</u> <u>artments/Aging-Disabilities-</u> <u>Community-Programming/Nutrition-</u> <u>Program</u>	
Boonton	Town of Boonton Food Pantry	100 Washington Street	973-402-9410 ext. 634		
Boonton	Evangel Church of God	218 Cornelia Street	973-263-1787		
Boonton	Loaves and Fishes/First Presbyterian	513 Birch Street	862-222-3006 973-352-7668		
Boonton	Boonton First Reformed	236 Washington Street	973-334-0317		

Boonton	WIC Clinic/Boonton	100 Washington Street	800-427-3244	
Budd Lake	Abiding Peace Lutheran Church	305-311 Rt. 46	973-691-9393	
Budd Lake	Mt Olive Food Pantry	369 Sand Shore Road	862-251-3938	
Butler	Butler United Methodist Church	5 Bartholdi Ave	973-838-2026	
Butler	St. Anthony's Church	65 Bartholdi Ave	973-838-0031	
Chester	Chester Food Pantry	100 North Road	973-879-2548	
Denville	Denville Township Food Pantry	1 St. Mary's Place, 2nd Floor	973-625-8300 ext. 269	
Denville	St. Clare's Meals on Wheels	25 Pocono Road	973-625-6010	
Dover	First Memorial Presbyterian Church	51 West Blackwell St. 1st Floor	973-366-0216	
Dover	Hope House	101-103 Basset Highway	973-361-5555 or email <u>info@ccpaterson.or</u> g for hours of operation	
Dover	First United Methodist Church of Dover	41 E. Blackwell St	973-366-1804	
Dover	Grace United Methodist Church	Street	973-366-3681	
Dover	Saint John's Episcopal	11 South Bergen Street	973-366-2772	

Dover	Dover Salvation Army	76 N. Bergen St.	973-366-0764	
Dover	Trinity Lutheran Church	123 E. Blackwell St.	Pantry: 973-366-2821 Faith Kitchen: 973-219-7560	
Dover	WIC Clinic/Dover	18 Thompson Street	800-427-3244	
Dover	St. Mary's Parish	425 W Blackwell St.	973-366-0184	
Flanders	St. Elizabeth Ann Seton Parish	61 Main St.	973-927-1629	
Florham Park	Holy Family Church	35 Orchard Road	973-377-1817	
Hackettstown	Mt. Olive Food Pantry	6 Naughright Road	862-251-3938	
Hackettstown	Drakestown United Methodist Church	6 Church Road	908-852-4460 908-319-4734	
Lake Hiawatha	Parsippany Office on Aging-Food Pantry	1130 Knoll Road	973-263-7351	
Hopatcong	Hurdtown United Methodist Church	Rt. 15 South	973-663-1216 church 973-663-1663 Pastor's study	
Lake Hopatcong	Star of the Sea Roman Catholic Church	204 Espanong Road	973-663-0211	
Landing	United Methodist Church of Port Morris	546 Main Street	973-347-0381	
Lincoln Park	Jacksonville Chapel Care	264 Jacksonville Road	973-334-6651	care@thechapel.org
Lincoln Park	Lincoln Park Food Pantry	10 Boonton Turnpike	973-694-2890	Lincolnpark.org

Lincoln Park	Lincoln Park Borough	34 Chapel Hill Rd.,	973-694-6100	
Long Valley	Long Valley Presbyterian Church	39 Bartley Rd,	908-876-3471	
Mine Hill	Mine Hill Township	10 Baker St.,	973-366-9031, ext. 62	
Montville	Montville Kiwanis Food Pantry	91 Passaic Valley Road	973-216-7649	
Morristown	Barbara Hendrickson Smith Food Pantry	78 Abbett Ave.	973-455-9802	
Morristown	Market Street Mission	9 Market St	973-538-0431	
Morristown	Morristown 7th Day Adventist Church	501 Tempe Wick Road	973-984-2970	
Morristown	Morristown Meals on Wheels	29 Elm Street	973-538-2160 ext. 211	
Morristown	Salvation Army	95 Spring Street	973-539-2700	
Morristown	Table of Hope- Bethel Church	59 Spring Street	973-267-8912	
Morristown	WIC Clinic/Morristown	3 Rowe Street	800-427-3244	
Netcong	Borough of Netcong	Borough Hall, 23 Maple Ave	973-214-5338	
Netcong	St. Michaels	2 Church Street	973-347-0032 X 2370	
Netcong	United Methodist Church of Stanhope	#2 Route 183	973-347-0247	
Oak Ridge	Milton United Methodist Church	316 Dover-Milton Road	973-697-3194 church 973-697-7534	

Parsippany	Parsippany Christian Church	205 Vail Road	973-335-6387	
Parsippany	Liquid Church	299 Webro Road	973-879-8655	
Parsippany	St. Peter's Food Pantry	179 Baldwin Road	973-334-2090	
Pequannock	Holy Spirit Church	318 Newton-Pompton Turnpike	973-696-1234	
Pompton Plains	First Reformed Church of Pequannock	529 Newark-Pompton Turnpike	973-835-1144	
Randolph	Bethlehem Church	758 Route 10	973-366-3434	
Rockaway	Rockaway Food Closet	35 Church Street	973-627-1059	
Roxbury	Roxbury Township	72 Eyland Avenue	973-448-2026	
Union	Salvation Army Butler/Chatham/Ch ester	4 Gary Rd., Union	201-507-5620	
Wharton	Wharton United Community Church	20 Church Street	973-366-8140	
Wharton	St. Mary's Parish	425 W. Blackwell Street	973-366-0184	
Whippany	First Presbyterian Church of Whippany	494 Rt. 10	973-887-2197	

HEALTHCARE RESOURCES				
Resource	Description	Telephone		
Family Health Center, Morristown Medical Center	HIV Testing, counseling & referral, PrEP counseling, primary medical care, medical case management, psychiatric care	Medical: 973-889-6800 Counseling/Testing: 973-889-6810 PrEP Clinic: 973-889-6821		
Zufall Health Center	Medical Services, Dental Emergencies, Outreach Support, Insurance Enrollment, Ryan White HIV, Behavioral Health, Nutrition, SNAP and more	Dover: 973-328-3344 Morristown: 973-267-0002 Hackettstown: 908-452-5366 Newton: 973-862-6650		
NJ Ceed	Provides free cancer screenings for those without health insurance who meet financial guidelines. Education, follow- up & assistance with appointments	973-971-5952		
Can Community Health Center-Edge Wellness Center	In partnership with the Edge Pride Center, Can Community Health, is dedicated to the treatment, care and continual wellness of the LGBTQ+ community and people living with HIV. Multiple services are provided including primary care, LGBTQ+ healthcare, medical case management, PrEP programs, HIV and STI testing, and psychiatric prescribing services.	973-285-0006 info@edgenj.org		
Zufall Health Delta Dental Van	Adult and Child Dental Mobile Unit for uninsured or underinsured individuals and families	https://www.zufallhealth.org/for- patients/locations/#dentalvan		
National Cancer Institute (NCI) Smoke Free	Free telehealth, online chat and texting smoking cessation. Veteran services, women services, teen services, Spanish- speaking services, age 60+ services	877-44U-QUIT (877-448-7848) or https://smokefree.gov/tools-tips/get- extra-help/speak-to-an-expert		
NJ Quitline-Free Nicotine Replacement Therapy	Telehealth smoking cessation. Free telephone program dedicated to help NJ residents quit using tobacco products.	1-866-NJ-STOPS (1-866-657-8677) or www.njquitline.org		

	Website includes resources and tools to support your decision to quit.	
Mom's Quit Connection - Quit for Kids	Pregnant women, parents, family and caregivers of children under the age of 8	www.quitforkids.com
I Can Connect		To see if you qualify call 609-771-2711
NJ-Resources for the	Providing technology access for distant communication to	or go to
Blind, Visually Impaired	NJ consumers with combined hearing and vision loss	http://www.icanconnect.org/how-to-
and Hearing Impaired		apply/new-jersey

HOUSING ASSISTANCE RESOURCES				
Resource	Description	Contact		
Division of Housing & Community Resources (DCA)	To determine eligibility for homeless prevention programs funded by DCA: rental assistance, homeless prevention, home energy assistance, weatherization, and lead safe remediation program	800—510-3102 or apply online https://njdca.onlinepha.com/		
NJ Dept. of Community Affairs Division of Housing Section 8 Rental Assistance	Oversees housing assistance and production programs including Homelessness Prevention, Energy Assistance, Neighborhood Programs, Section 8 Housing Choice Voucher, Lead-Safe Home Remediation	Rockaway location call (973) 627-3396 or <u>dhcr@dca.state.nj.us</u>		
Housing Help NJ	Connects New Jersey renters, landlords, and homeowners to information available from multiple sources to assist in preventing eviction. Provides information only.	Housinghelpnj.org		
Emergency Shelter & Homelessness	Must call 211 to access shelter in Morris County	Dial 2-1-1 or 211.org		
Eviction Support	Legal Services of Northwest Jersey provides free civil legal support to people with limited income, seniors, and people affected by HIV/AIDS	973-285-6911 or Lsnj.org		
Habitat for Humanity	Builds and rehabilitates homes in partnership with families in need. Affordable homeownership opportunities for income eligible families.	(973) 891-1934 www.morrishabitat.org		
Housing Partnership Neighborhood Works	Home Buyer Education, financial coaching, foreclosure counseling	973-659-9222		
Homeless Solutions	Offers shelter, services, and supportive housing to homeless and working poor in Morris County	973-993-0900 or Homelesssolutions.org		

Hope House	Provides temporary housing assistance to households who are being evicted due to a short- term loss of income	973-361-5555 x3038
Family Promise of Morris County	Keys to Housing Program	973-998-0820 Familypromise.org
Morris County Office of Hispanic Affairs (MCOHA)	Utility Assistance for low-income individuals	973-366-4770 or MCOHA.org
Salvation Army	Utility Assistance for low-income individuals	973-532-2246
Morris County Office of Temporary Assistance (OTA)	The Office of Temporary Assistance may be able to help persons who are in need of shelter placement, back rent, or relocation assistance.	973-326-7800 or 211
NORWESCAP	Security Deposit and/or First Month's Rent Assistance in Morris County for qualified individuals.	908-454-7000
Urban League of Morris County	Fair Housing and Assistance Program	973-539-2121

IMMIGRANT, REFUGEE, SEASONAL AGRICULTURAL, & UNDOCUMENTED PERSONS RESOURCES

Resource	Description	Telephone
American Friends Service Committee (AFSC)	AFSC provides information to immigrants, service providers, and other communities on immigration laws and rights, through education and trainings. Also assists immigrants with access to legal services and referrals.	973-643-1924 www.afsc.org
Catholic Charities of Paterson	Legal services, consultation, assistance, and representation	973-279-7100 x 2207 dmaloney@catholicharities.org imunoz@chatholicharties.org
Morris County Office for Hispanic Affairs	Immigration consultation, family petitions, support for asylum seekers, citizenship/naturalization and more	973-366-4770 973-644-5627 Mocha.org
Wind of the Spirit, Morristown	Resource center that offers advocacy, education, & community outreach for immigrants including citizenship training and legal assistance.	973-538-2035 or email office@wots.org
COVID-19 Resources for Undocumented Individuals	Information on Access to Testing	Fact Sheet
Zufall Health Center Community Outreach	Provides assistance to seasonal agricultural workers with navigating the healthcare system. Help making medical appointments, transportation to and from appointments, assistance with prescriptions, and translation at appointments.	973-328-9100 x 1323 mblanchfield@zufallhealth.org

INCOME AND UTILITY ASSISTANCE RESOURCES				
Resource	Description	Telephone	Website/Link to Information	
Family Promise of Morris County	Navigating Hope DHS Mobile Outreach-Apply for SNAP, WFNJ, GA, Medicaid, & other wrap-around services on site	973-829- 8220	naviatinghope@co.morris.nj.us for van schedule	
Single Stop Family Promise Program Drop-In Center	Provides free screening, advocacy, and enrollment assistance for benefits including SNAP, GA, TANF, Medicaid, EITC, LIHEAP, etc.	973-644- 0100	Familypromisemorris.org	
Morris County Office of Temporary Assistance (OTA)	Determine eligibility for food assistance, cash assistance, health coverage, prescription assistance, homelessness, and domestic violence resources	973-326- 7800 Morristown 973-682- 4990 Dover	https://www.morriscountynj.gov/Departments/Temporary- Assistance	
Morris County Organization for Hispanic Affairs Home Energy Assistance Program	LIHEAP Helps eligible low- income household meet their home Heating and Cooling needs: Universal Service Fund (USF) application time is available all year, you can only apply once per year: Gift of Warmth: provides additional funds to qualifying clients of NJ Natural Gas.	973-366- 4770	mcoha.org	

NJ Department of Labor & Workforce Development	Unemployment benefits		https://www.myunemployment.nj.gov
NJ Helps	This site will help you determine eligibility for food assistance, cash assistance, or health coverage	800-701- 0720 or call Morris County OTA at 973-326- 7800	<u>http://njhelps.org</u>
NJ Shares	State resource for emergency or crisis situations when someone is unable to pay for essential services such as gas, electric, water, communications, or environmental resources.	866-657- 4273	Apply online at NJSharesGreen.org
Salvation Army of Dover	Gas, water, and electric bill assistance (one time per year)	973-539- 2700	https://easternusa.salvationarmy.org/new-jersey/dover/
Universal Service Fund (USF)	Provides monthly credits on natural gas and electric bills for those who spend more than 3% of annual income on electric, or more than 6% on electric heating costs.	800-510- 3102	www.energyassistance.nj.gov
Lifeline Utility Assistance Program	Designed to help low-income senior citizens and the disabled with the electric and natural gas utility costs. Apply for Lifeline with the NJ Save Application.	800-792- 9745	www.aging.nj.gov

Emergency Broadband Assistance	Provides temporary discount on monthly broadband bills for qualifying low-income households. This is a TEMPORARY program		To determine eligibility and/or apply go to: Getemergencybroadband.org
Page Program	The Payment for Gas & Electric (PAGE) Program provides relief on gas and electric bills for low- to-moderate income NJ households who are not eligible for LIHEAP or USF.	732-982- 8710	To self-screen for program eligibility, apply online, or print an application, please visit www.njpoweron.org.
NJ Comfort Partners	Comfort Partners is an energy saving and education program that directly installs energy saving measures Free for qualified low-income customers.	800-915- 8309	www.njclearnenergy.com/CP
Winter Termination Program	Protects specific categories of customers from having their energy shut off between November 15 and March 15 or each year.	800-624- 0241	https://www.state.nj.us/bpu/assistance/programs/

LEGAL SERVICES & ASSISTANCE RESOURCES

Resource	Description	Telephone
Legal Services of Northwest NJ	Housing law, benefits (SNAP, WIC, TANF, SSI, SSD) family law, consumer law &life planning for limited income individuals, seniors, and people affected by HIV/AIDS. Civil Matters for low-income residents.	973-285-6911
Morris Family Justice Center	Provides counseling, protection, legal & immigration assistance, & children services to survivors of domestic violence, dating abuse, & sexual assault.	973-829-4050 or 1-877-RU-ABUSED www.morris.fjc.org
Women's Center of CCM Family Law Clinic	Free legal consultations, workshops, and clinics focused on Family Law issues.	973-328-5025

LGBTQ+ RESOURCES			
Resource	Description	Telephone	
Edge Pride Center	The mission of Edge New Jersey is to respond compassionately and responsibly to the HIV+ and LGBTQ+ communities by providing supportive services, housing opportunities, prevention strategies and education to enhance the community. Behavioral Health Counseling, social service coordination, and HIV/STI prevention services.	973-285-0006 Edgenj.org	

MENTAL HEALTH RESOURCES FOR ADULTS

Resource	Description	Telephone	
Community Hope	Help for Individuals, Veterans, Families to overcome Mental Illness, Addiction, Homelessness, & Poverty by providing housing & support services	973-463-9600 Communityhope-nj.org	
Family Intervention Services	Addiction & Recovery, Community Connections, Counseling & Behavioral Health, Early Childhood Education, Family Support & Prevention, Safe & Supportive Housing, Victim & Trauma Services, Workforce Development	973-586-5243 <u>www.fisnj.org</u>	
Good Grief	Free Peer Support Programing for children, young adults, & adults who have experienced the death of someone significant in their lives.	908-522-1999 www.good-grief.org	
Mental Health Association of Essex & Morris	Linkage to treatment, services, and resources for individuals with mental illness United by Wellness is a virtual wellness center where peers offer hope and recovery to people living with mental health and/or substance use disorder(s)	973-334-3496 www.mhaessexmorris.org <u>www.MHAAC.info/UBW</u> <u>unitedbywellness@MHANJ.org</u> 609-652-3800	
New Bridge Services	Behavioral health programs and education for adults, children, and families including counseling, substance abuse, housing, and partial care programs for adults with mental illness. Multiple locations	888-746-9333 www.Newbridge.org	
Morris County Department of Community & Behavioral Health Services	Mental health; Youth behavioral health; Addictions; Homelessness; Juvenile justice; Municipal prevention programs; Childcare	973-285-6851 www.morriscountynj.gov/Departments/Community- Behavioral-Health-Services	

Morris County Department of Human Services	Temporary assistance; Mental health services; Job training; Youth prevention services; Veteran support; Transportation; Meals on Wheels; Adult Protective Services	973-285-6868 www.morriscountynj.gov/Departments/Human- Services
--	---	---

MENTAL HEALTH RESOURCES FOR CHILDREN AND YOUTH

Resource	Description	Telephone
Caring Partners of Morris & Sussex	Wrap-around care management services for children & youth up to age 21 with complex mental health, substance use, intellectual, or developmental needs	Call for eligibility 24/7 877-652-7624 or 973-770-5505
Family Partners of Morris & Sussex County	Providing support, education, and advocacy for families with children with mental health, emotional, and behavioral challenges.	973-940-3194
Head Start Community Program of Morris County	Free program designed to promote school readiness for children from low-income families.	973-989-9052 or 973-989-1430
NJ Promise/CHRP	Psychiatry & therapy for ages 12-25 at risk for experiencing psychosis	201-693-7072 201-316-7106
Good Grief	Provides unlimited and free peer support to children, Teens, young adults, and families after the death of a Mother, father, sister, or brother through peer support programs, education, and advocacy.	908-522-1999 www.good-grief.org
Camp Clover	A Bereavement Day Camp for Children & Teens Sponsored by Atlantic Health VNA	973-379-8444
Perform Care	Children's mobile response and stabilization	877-652-7624
Family Intervention Services (FIS)	Provides mental and behavioral health services for children and families. Programs are free of charge. Outpatient Services (Medicaid clients only) for children and families can be accessed at: 1-844-446-2299	973-586-5243 www.fisnj.org

	Children's Mobile Response and Stabilization Services can also be accessed via Perform Care at: 1-877-652- 7624	
Morris County Department of Community & Behavioral Health Services	Mental health; Youth behavioral health; Addictions; Homelessness; Juvenile justice; Municipal prevention programs; Childcare	973-285-6851 www.morriscountynj.gov/Departments/Communit y-Behavioral-Health-Services
Morris County Department of Human Services	Temporary assistance; Mental health services; Job training; Youth prevention services; Veteran support; Transportation; Meals on Wheels; Adult Protective Services	973-285-6868 www.morriscountynj.gov/Departments/Human- Services

PARENT, CHILD, and FAMILY RESOURCES

Resource	Description	Telephone
Partnership for Maternal & Child Health of Northern NJ	Dover Location-Resources and Health Care Resources for Women, Infants and Children. Family Success Center	973-620-9711
Salvation Army Dover	Diapers	973-366-0764
Child & Family Resources	Core Services: Childcare Resource & Referral, Services for Parents, Services for Childcare Programs & Providers, Services for the Community, & Violence & Abuse Prevention. Also has a Diaper Bank	973-398-1730 877-237-4116 Cfrmorris.org
Preschool Advantage	Financial resources for low-income children to attend preschool/early education	973-532-2501
Cornerstone Family Programs & Morristown Neighborhood House	Resources to individuals and families of all ages in the Greater Morris County Area. Food distribution, Child & Teen Programs, Adult & Family Programs, Veteran Program, Senior & Care Giver Programs & Adult daycare	973-538-5260
Family Promise of Morris County	Emergency Shelter, Housing Programs, and Community Outreach Services for families facing homelessness. Case management and mentoring services provided until the family reaches self-sufficiency.	973-998-0820 info@familypromisemorris.org
Mount Olive Child Care & Learning Center, Inc.	Providing quality, affordable childcare and education and family support services for the community, regardless of income. Offers infant/toddler, pre- school, school-age childcare programs, and parent education programs.	973-428-1525 www.mtolivechildcare.org
Family Intervention Services (FIS)	Provides mental and behavioral health services for children and families. Programs are free of charge. Outpatient Services (Medicaid	973-586-5243 www.fisnj.org

	clients only) for children and families can be accessed at: 1-844-446- 2299 Children's Mobile Response and Stabilization Services can also be accessed via Perform Care at: 1-877-652-7624	
CarePlus NJ-Family Support Center	The Family Support Center helps families navigate and heal a loved one's addiction. Designed for families who love someone that struggles with addiction by providing personalized support. English and Spanish services available.	201-937-1765 or JenniferH@CarePlusNJ.org
Urban League of Morris County	Training/employment; Housing; Mentorship; ESL	(973) 539-2121 www.ulmcnj.org
United Way of Northern NJ	Resources for family caregivers; Tax prep and filing; Emergency assistance; Childcare; Financial education	(973) 993-1160 www.unitedwaynnj.org

SENIOR RESOURCES				
Resource	Description	Telephone		
Morris County Department of Human Services Aging, Disabilities & Community Programming	Information & Resources for Individuals over 60: Aging in Place, Care Management, Caregiver Support, Dental Care, Elder Law, Emergency Response Information, Employment Support Services, Eye Care, Housing, Food Assistance, Meals on Wheels, Transportation, Nursing Homes, Respite Care, Senior Centers, Volunteer Opportunities for Older Adults	(800) 564-4656 (877) 222-3737 or <u>hs.morriscountynj.gov/seniors/</u>		
Zufall Health Community Health Centers Intensive Senior Support Services (ISS)	A program for older adults (60 years and over) who live in Morris County that provides a comprehensive support system for vulnerable older adults that are at high risk of losing their independent living status due to mental illness, substance use, dementia, homelessness, domestic violence, and extreme resistance to services. Comprehensive primary medical, dental, and behavioral health care to address chronic and acute medical issues with case management to ensure continuation of care.	973-328-9100 or mmckenzie@zufallhealth.org		
Interfaith Food Pantry	Senior Umbrella Nutrition (SUN) are delivery programs aimed at helping seniors maintain a health life and remain as independent at as possible. These include Home Delivery Program, Senior Food Box Program, and the Senior Supplemental Bag Program.	973-538-8049		
Mt. Kemble Home, Homeless Solutions, Inc.	Provides safe, affordable housing for senior women of very limited means. Each resident has her own room, with shared bathrooms, a common sitting room, and dining room. Senior residential support staff lives on site to ensure resident safety.	973-993-0900		
NewBridge SAIL (Senior Assistance for Independent Living)	Free program for Morris County residents aged 60 and older. Connects seniors with available community resources that	Phone: 973-316-9333 or 1-888-746-9333		

	enable them to remain in their homes. Includes at home evaluations by a registered nurse.	Email: <u>services@newbridge.org</u> Website: <u>www.newbridge.org</u>
NewBridge@Home	Provides free, weekly, in-home professional counseling to homebound senior citizens in Morris County. Offers respite care and counseling to caregivers.	Phone: 973-316-9333 or 1-888-746- 9333 Email: <u>services@newbridge.org</u> Website: <u>www.newbridge.org</u>
NORWESCAP RSVP Friendship at Heart	Includes three components, friendly visiting and telephone reassurance for isolated homebound elderly persons or persons with permanent disabilities and Senior Cents – money management assistance for seniors.	973-784-4900
NORWESCAP RSVP	RSVP is part of Senior Corps, a federally funded program of the Corporation for National & Community Service whose mission is to provide the opportunity for individuals age 55+ to volunteer in their community.	888-387-9830
NORWESCAP Safe Housing Program	Small home repairs to improve the health, safety, and well- being of the elderly. Must be a senior citizen. No income guidelines or application to be considered.	973-784-4900
	Operation Fix It: Minor home repair related to health & safety. Plumbing, carpentry, masonry, electrical & weatherization.	973-361-5555 x 3036 or email hopehouseinfo@catholicharities.org
Hope House	Hope Connection: Direct link to 24/7 monitoring center via a two-way voice console that connects existing phone line & a pendant you wear.	973-361-555 or email hopehouseinfo@catholicharities.org
Morris Area Paratransit (MAPS)	Curb-to-curb shared ride transportation service available to Morris county senior citizens, people with disabilities, and veterans.	973-829-8103 or 888-282-6277
Five Town Regional Dial-A-Ride, Inc.	Transportation for seniors 60+ years with no alternate means of transportation residing in Butler, Kinnelon, Lincoln Park, Pequannock, and Riverdale only. Handicapped accessible with curb-to-curb service. Transportation is provided for non-	(973) 835-8885

	emergency medical appointments, health needs, nutrition sites, shopping, social services, recreational activities, and visits. Reservations are required 72 hours in advance or more.	
Senior Blue Book for Morris County	Information and resources guide seniors in Morris County	Resource Line: 973-560-0064 SeniorsBlueBook.com
Lifeline Utility Assistance Program	Designed to help low-income senior citizens and the disabled with the electric and natural gas utility costs. Apply for Lifeline with the NJ Save Application.	<u>www.aging.nj.gov</u> or 800-792-9745

SUBSTANCE USE SERVICES				
Resource	Description	Telephone		
Division of Mental Health & Addictions Services	Need help with addiction? Call the 24/7 Addiction Hotline	844-276-2777		
Addictions Hotline	Assistance and referral to treatment	800-238-2333		
Alcoholics Anonymous	Free self-help group for individuals with a desire to stop drinking	800-245-1377		
Narcotics Anonymous	Free self-help group for individuals recovering and recovered from drug addiction	800-992-0401		
Al-Anon	Self-help for those affected by alcoholism	800-344-2666		
Nar-Anon	For relatives and friends concerned about the addiction or drug problem of another	800-238-2333		
Compulsive Gambling	Self-Help group. Only requirement for membership is a desire to stop gambling.	800-426-2537		
Atlantic Behavioral Health Services	Morristown Medical Center	888-247-1400		
Community Hope	Help for Individuals, Veterans, Families to overcome Mental Illness, Addiction, Homelessness, & Poverty by providing housing & support services	973-463-9600		
CarePlus NJ- Morris County Support Team for Addiction Recovery (STAR)	Assist individuals with case management, recovery support, and resources for individuals with Opiate Use Disorder	201-693-8448		
CarePlus NJ-Family Support Center	The Family Support Center helps families navigate and heal a loved one's addiction. Designed for families who love someone that struggles with addiction by providing personalized support. English and Spanish services available.	201-937-1765 or JenniferH@CarePlusNJ.org		
Center for Family Services	Addiction & Recovery, Community Connections, Counseling & Behavioral Health, Early Childhood Education, Family Support & Prevention, Safe &	973-586-5243		

Supportive Housing, Victim & Trauma Services, Workforce Development		
Hope One	Mobile recovery vehicle providing support to persons struggling with addiction, with goal of preventing overdose & death as well as mental health services.	973-590-0300 Hopeoneproject.org or email hopeone@co.morris.nj.us
Morris County Aftercare Center	Methadone Treatment Services	973-927-6641
Midway House	Provides safe, comfortable, and nurturing environment for individuals to grown in their recovery.	973-453-6747
Zufall Health Center - Maternal Wraparound (M- WRAP)	Case management for residents in Morris County who have opioid use/exposure during pregnancy. Linkage to recovery services, treatment and counseling, prenatal & health care	973-328-3344 x 341
NewBridge Services Substance Abuse Alternative	Outpatient Services	973-316-9333
Madison Alliance Addressing Substance Abuse (MAASA)	MAASA is a community-based coalition dedicated to preventing and reducing the use of alcohol, tobacco, and other drugs for all ages. MAASA connects educators, law enforcement officials, parents and civic and religious groups to help identify and address long-standing and emerging substance abuse issues. They have a special focus on children and adolescents to promote drug and alcohol-free environments for them and to encourage responsible use by adults.	For more information please contact Sarah Jacob at sjacob@bloomfireldtwpnj.com or go to: https://www.rosenet.org/232/ MAASA
Department of Human Services Division of Mental Health & Addiction Services	Provides a list of treatment providers who can prescribe medicated assisted therapy (MAT)	https://njsams.rutgers.edu/Tre atmentDirectory/
Morris County Municipal Alliances	The Alliance Network is made up of local, grassroots, volunteer organizations. The network assesses needs and implements drug prevention programs/activities.	Contact Stephen Nebesni at <u>Snebesni@co.morris.nj.us</u>

	Prevention is Key PIK provides science-based prention education programs, professional development training, advocacy, information and referral services, that address issues of substance abuse prevention, recovery support, violence prevention, ATOD dependence and other emerging issue of concern to the community.	973-625-1998 preventioniskey.org	
Prevention is Key (PIK)	Center for Addiction Recovery, Education and Success (CARES)	 CARES offers peer recovery support using a strengths-based approach to a person's recovery journey. CARES exists to put a face on recovery, build recovery capital and serve as a physical location where the local recovery community can join together. CARES honors all pathways to recovery and works to reduce stigma associated with substance use through advocacy, education and service. 	24/7 Support Hotline 973-625-1143 25 W Main Street Rockaway, NJ
	Intoxicated Driver Resource (IDRC)	The Intoxicated Driver Resource Center is a court ordered 12-hour education program. The program is mandated for anyone convicted of a Driving Under the Influence (DUI) offense in NJ.	If you have received a letter from the state regarding attendance, please know you will receive another informational letter from the Morris/Warren IDRC with instructions on how to register for calls. For questions about scheduling for the 12-hour program, please call 609-815-3100

TRANSPORTATION RESOURCES				
Resource	Description	Telephone		
Morris County Org for Hispanic Affairs	Free transportation to doctor's appointment & social service appointments in local Morris County area for low-income residents (Please give 24-48 hours in advance notice required)	973-366-4770 (Dover) 973-644-5672 (Morristown) www.mcoha.org		
Access Link	Disabled persons unable to board and ride regular NJ transit buses	800-955-2321		
Colonial Coach- Township of Morristown	Free bus service in Morristown only	973-267-2733		
Dial-A-Ride, Morris County	Check the website for municipal dial-a-ride in your town serving seniors and persons with disabilities	https://www.morriscountynj.gov/Departments/Aging- Disabilities-Community-Programming/Dial-a-Ride		
LogistiCare Medical Transportation	Non-emergency medical transportation to NJ Family Care/Medicaid Clients Please call 48 hours in advance	866-527-9933		
Parsippany Transit System	Free Bus Service for Parsippany Residents	973-263-7093		
MAPS-Morris Area Paratransit	Curb to curb transportation service for senior citizens (over 60), veterans, people with disabilities, and the general public who reside in rural areas.	888-282-6277		
Trans Options	Offers information and transportation services, to Morris County residents to go to work.	973-267-7600		
Ride United Vaccine LYFT	Don't let transportation challenges stop you from getting vaccinated. Free or discounted rides to vaccination sites wherever Lyft services are available. Program is for everyone, including	Dial 2-1-1 for information and to schedule		

	people who have collapsible wheelchairs & walkers.		
Five Town Regional Dial-A-Ride, Inc.	Transportation for seniors 60+ years with no alternate means of transportation residing in Butler, Kinnelon, Lincoln Park, Pequannock, and Riverdale only. Handicapped accessible with curb-to-curb service. Transportation is provided for non- emergency medical appointments, health needs, nutrition sites, shopping, social services, recreational activities, and visits. Reservations are required 72 hours in advance or more.	(973) 835-8885	
Madison Transportation Services	Transportation offered to Madison residents, 18 years or older, to any Madison locations including Shoprite or Chatham and two monthly shopping trips outside of Madison.	To register or find out more information call (973)593-3095	
Dial A Ride in Dover	Available for those who need to be transported outside of the Senior Shuttle route.	973-366-2200 x 1167 or x 1131	
Dover Senior Shuttle	Free transportation for Dover residents age 55+ and residents with disabilities.	For information call 973-366-2200 x 1131 or go to http://www.dover.nj.us/cn/webpage.cfm?tpid=17037 for the pick up schedule	
ModivCare <u>Formerly:</u> LogistiCare Medical Transportation	Non-emergency medical transportation to NJ Family Care/Medicaid Clients Please call 48 hours in advance	Medicaid 866-527-9933 Humana National Medicare (MCR) 866-588-5122 Amerigroup/DMAS 866-527-9933	

VETERAN RESOURCES				
Resource	Description	Telephone		
Catholic Charities SSVF	Supportive Services for Veterans Families (SSVF) Program provides supportive services to Veterans with very low income who are at risk for homelessness or are homeless. Range of supportive services to promote housing stability.	Hotline (855) 767-8387 or (973) 279-7100 x 2019		
Community Hope	Telehealth, Emergency Housing, Mental Health, Addiction Services	973-463-9600		
Cornerstone Family	Operation Sisterhood is a program for female veterans to	973-538-1229 or		
Programs & Morristown	improve the health and well-being of female service members	operationsisterhood@cfp-mnh.org		
Neighborhood House	and advocate to improve systems of care.			
Morris County Veterans	Provides information and assistance to honorably discharged	973-285-6866		
Service	Morris County Veterans and their families in obtaining VA	hs.morriscountynj.gov/adv/veterans		
County Department of	benefits and entitlements, connections to job assistance and			
Human Services	training, connect homeless veterans to services, and help with transportation.			
Welcome Home Vets of	Provides immediate and long-term assistance to soldiers,			
New Jersey	veterans, and their families, including housing, medical	Info@WelcomeHomeVetsOfNJ.org		
	assistance, financial assistance, legal assistance, and employment assistance.	www.welcomehomevetsofnj.org		
Zufall Health Centers	Providing veterans and their families with medical and dental	973-328-9100 x 1323		
Veterans Outreach	services close to their homes.	mblanchfield@zufallhealth.org		